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(left to right): Michael Cain, Boyne City City Manager, Dan Leonard MEDC Community Assistance Team, Bob Grove, owner of the Dilworth Hotel, Tom Neidhamer, Boyne City Mayor, Hugh Conklin, Boyne City Commissioner. COURTESY

MEDC approves grant for the Dilworth Hotel

At its December 15 meeting in Lansing, officials at the Michigan Economic Development Corporation (MEDC) and the Michigan Strategic Fund Board unanimously approved a \$1,000,000 community development block grant under job creation and blight elimination for the Dilworth Hotel in

Boyne City. Officials from Boyne City including Michael Cain, City Manager, Hugh Conklin, City Commissioner, Tom Neidhamer, Mayor, and Lori Meeder, Main Street Director joined Bob Grove to offer support of the project to the MSF board.

The community development block grants

(CDBG) were created to help encourage private development in underutilized and vacant buildings. Redevelopment projects like the Dilworth Hotel have extraordinary costs above and beyond normal development costs such as environmental remediation of lead and asbestos, selective

stabilization, as well as major upgrades for barrier free access and fire suppression systems compliance. Without support from funding options like CDBG, Brownfield and Local Reimbursement programs, investments in

demolition and façade

See **Dilworth Hotel** −2A

SPORTS REPORT



Rambler senior, Luke Sage (2) puts up a triple against the Elks. (PHOTO BY CHRIS FIEL)



Boyne City's Celena Brzezinski goes in for a layup earlier this season. (FILE PHOTO)

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Public hearing scheduled for St. Mary donation

Charlevoix City Council meeting, December 21, 2015

By Tina Sundelius

CHARLEVOIX - The question of what to do with a donation from St Mary's Cement Plant will be brought to residents attention through a Facebook discussion thread and a public hearing that will be scheduled for the March 21 City Council

meeting. After a brief public hearing, a resolution to vacate a portion of Division Street was passed and approval was given to purchase three new trucks for the DPW fleet at the December 21 Charlevoix City Council meeting.

The propeller from the decommissioned Challenger is being donated to

the city by St. Mary's Cement Plant because the city was its home port. Discussion was held on the possibility of placing the large bronze propeller along the Pine River channel near the DNR old fish hatchery. "I think we all know what happens when we put ugly things in high profile places," said Councilman Bill Supernaw be-

fore suggesting a public hearing. After further discussion it was decided to also place a survey on the next issue on the city's Facebook page.

James Malewitz with
Performance Engineers
brought a schematic of
how the proposed service
station that is to be built

See **Donation** −3A

NORAD celebrates 60th anniversary of tracking Santa's Christmas Eve journey

By Jim Akans

Kids of all ages can enjoy the thrill of following Santa's Christmas Eve journey, and make sure to be safely tucked in before St. Nick reaches their home. This up close look at Santa's progress from the North Pole is made possible by the high-tech tracking capabilities of the North American Aerospace Defense Command (NORAD), a government agency that began looking for Santa back in 1955 after a misdialed phone call.

According to a recent NORAD press release, "a local media advertisement directed children to call Santa direct – only the number was misprinted. Instead of reaching Santa, the phone rang through to the Crew Commander on duty at the Continental Air Defense Command Operations Center. Thus began the tradition, which NORAD carried on since it was created in 1958."

Today, excited children have a new and improved resource for monitoring Santa's journey to their chimney or doorstep. Children, (and curious adults), can take a peek at a special website; www.noradsanta.org, which features a look at Santa's North Pole Village and updates the progress of Santa and his team of reindeer on Christmas Eve.

The site is already active and features Santa's North Pole Village, which



Children, (and curious adults), can take a peek at a special website; www.noradsanta.org, which features a look at Santa's North Pole Village and updates the progress of Santa and his team of reindeer on Christmas Eve. LOGO COURTESY OF NORAD PUBLIC AFFAIRS OFFICE.

includes a holiday countdown, games, activities, and more. Official NORAD Tracks Santa apps are also available in the Windows, Apple and Google Play stores, so parents and children can countdown the days until Santa's launch on their smart phones and tablets. Tracking opportunities are also offered on Facebook, Twitter, YouTube, and Google+. Santa followers just need to type "@noradsanta" into each search engine to get started.

Now NORAD's main job is to monitor the airspace and maritime area covering the United States and Canada using some very powerful satellite and radar equipment. It's a big and very important responsibility, and NORAD helps to keep us safe on a 24/7 basis. At Christmas time, however, NORAD continues a 60-year tradition of letting us know

how Santa is doing with his journey of bringing dren across the world.

Have a very, merry



Enjoy the thrill of following Santa's Christmas Eve journey, and make sure to be safely tucked in before St. Nick reaches your

The Boyne City Main Street Program is organizing an exciting new project called The 'Last River Draw.' A life-size bronze sculpture of a logger will be placed on the edge of the Boyne River pulling a log with a pike pole used in the early lumbering era. COURTESY

Boyne City Main Street kicks off Crowdfunding Campaign

The Boyne City Main Street Program is organizing an exciting new project called The 'Last River Draw.' A life-size bronze sculpture of a logger will be placed on the edge of the Boyne River pulling a log with a pike pole used in the early lumbering era. The idea for the sculpture came from Anthony Williams who asked Martha Sulfridge, a local sculptor, if she would be willing to create and build it.

"This will be a wonderful representation and reminder of our lumbering heritage and an engaging way to bring art to our public spaces," said Lori Meeder, Main Street Executive Director. "This project ties in with our Walkabout Sculpture Show installed in June 2015, showcasing 8 sculptures of various media throughout our downtown. Six of these are temporary pieces on loan from Michigan artists and two are permanent. This will make our third permanent piece."

"The Last River Draw" project is being spear-headed by the Main Street's Design Committee. The committee is currently building awareness and financial support for the sculpture project. The Michigan Economic Development Corporation has encouraged Main Street to apply for a matching grant through its "Public Spaces, Community

See **Funding** −3A

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News

weather

THIIRSDAY



HIGH: 39 LOW: 31

FRIDAY

HIGH: 40

LOW: 31



HIGH: 38 LOW: 29

SATURDAY



SUNDAY

HIGH: 33 LOW: 26

MONDAY



HIGH: 35 LOW: 32

TUESDAY W



HIGH: 37 LOW: 29

HIGH: 35 LOW: 27

record temps

DEC 23 ...17°31°-9° (1989) ...52° (1957)
DEC 24 ...17°31° ...-14° (1969) ...52° (1994)
DEC 25 ...17°31° ...-15° (1958) ...58° (1982)
DEC 26 ...16°31° ...-9° (1993) ...49° (1982)
DEC 27 ...16°31° ...-18° (2004) ...50° (1994)
DEC 28 ...16°30° ...-31° (1976) ...57° (1984)
DEC 29 ...16°30° ...-21° (1976) ...56° (1984)
DEC 30 ...15°30° ...-24° (1976) ...46° (2004)

Lucile Evangeline Sherwood Shively (Tetreau), 98

(JUNE 22, 1917 ~ DEC. 18, 2015)

Lucile Evangeline Sherwood Shively, age 98, of Boyne City, Michigan, died December 18, 2015. Born June 6, 1917 in Bad Axe, Michigan, daughter of Joshua and Lucile Gravelle DesJarden Tetreau. Our father, George Sherwood passed in 1976, and she later married Paul Shively in 1981, whom passed in 2013.

She is survived by her children; Leonard (Susan) Sherwood, Leland (Danni) Sherwood, and Joan (Albert) Miller. Grandchildren: Connie (Jack) Dunlop, Leonard (Karen) Sherwood, Jr., Rodney (Coleen) Sherwood, Valerie Scheidler, Cara (Roberto) Miller Gamez, Fawn (Jason) Scherencel, and Robin (Matthew) Rees; Great grandchildren; Andrea, Daniel, Maria (Nic), Laura, Kelly, Nicholas (Hannah), Jared (Lauren), Brock, Brody, Brittany, Briena, Brandt and Brinae, Brandon, Tristan, Sophia, Grayson, Nollie, Angie, Mark, Mike, Molly and Nicholas.

Lucile is survived by her sister, Lilly Richardson and predeceased by brothers and sisters: Alice Green, Theodore Tetreau, Robley Tetreau, Clydus Tetreau, Charles Tetreau, Ephraim Tetreau, Alger Tetreau, and Elsie Sherwood.

Lucile enjoyed being a homemaker, loved cooking and baking. She embraced every opportunity to be with family and friends, and was the most contented with a table filled by family. She was a faithful supporter and member of the Seventh-day Adventist Church.

Memorial Service will be 10:30 a.m., Tuesday, December 29, 2015 at Stackus Funeral Chapel of Boyne City.

A heartfelt thank you for the compassionate care given by the staff of Boulder Park Terrace.

Family and friends wishing to share a thought or memory of Lucile are encouraged to do so online

at www.stonefuneralhomeinc.com.

Robert E. Webb, 61

(NOV 28, 1954 - DEC 21, 2015)

Robert E. Webb of Boyne City passed away Monday, December 21, 2015 at Hiland Cottage in Petoskey.

Arrangements are incomplete at this time.

Kathleen James, 48

(APRIL 12, 1967 – DEC. 15, 2015)

Kathleen Ann James a lifelong resident of Central Lake, died suddenly, Tues. Dec. 15, 2015 at Charlevoix Area Hospital. She was



born Apr. 12, 1967 in Petoskey the daughter of Ward and Jeanne (Friend) Cary and was a 1985 graduate of Central Lake High School. Kathy loved her children dearly. She spent all her time with them; they were the light of her life. She also enjoyed spending time in the kitchen baking and cooking for her many friends and family members. Kathy enjoyed being outside in her flower garden and was an avid Detroit Tiger Fan. On Aug. 17, 1990, Kathy married Charles James, who survives. Also surviving are her twin children Michael and Molly James at home. her loving mother Jeanne Cary of Central Lake, brother Bill (Dawn) Cary of Oxford, FL, sister Jill (Greg) Send of Williamsburg, sister in laws Sandy Cary of Central Lake, Kim Hazel of East Jordan, Helen (Howard) Potter of Manton, Shelly (Ken) Frashier of Kalkaska, and many nieces and nephews. Kathy was preceded in death by her father Ward Cary, brother Scott Cary, mother-in-law Sue Ann Carey, her grandparents and aunt Marilyn Proctor. Funeral services will was held Sat. Dec. 19 at the Central Lake Chapel of Mortensen Funeral Homes with Pastor Tim Manzer officiating. Interment followed at Southern Cemetery. A Memorial Fund has been set up for Molly and Michael. Memorials can be directed to Charles James, c/o 4Front Credit Union, PO BOX 7, Bellaire, MI 49615 Please sign her online guestbook www.mortensenfuneralhomes.com

Nora Ann Miller, 68

(JAN. 16, 1947 ~ DEC. 19, 2015)

Nora Ann Miller of Charlevoix passed away Saturday, December 19, 2015, at her home. She was born January 16, 1947, in Lansing, to Clare Maxwell and Margaret Jo (Owen) Lott. Nora moved to Charlevoix in 1976. Nora worked for Headstart in Charlevoix as a teacher's aide; but, most important to her was being a mother and grandmother, and taking care of her family. She was a member of Saint Mary's Church.

She is survived by her children. David (Becky) Miller of Byron Center, Scott (Andrea) Miller of Columbus, Oh., Matthew "Buzz" (Cris) Miller of East Jordan, Josh Miller of Charlevoix, Karianne (Mike Kniat) of Charlevoix, Jenny (Chad) Lake of Grand Rapids; grandchildren, Kylee, Brady, Matthew, Jacob, Luke, Steven, Adam, Adrianne, Lily, Michelle, Maria, David, Kadance, Hanna, Carson, Skylar, Liam, Logan, Noah, Brynley; mother, Margaret Jo Lott: brothers and sisters. Maryjo (Ron) Kinne of Dewitt, Susie (Dick) LaFave of Newfoundland, Pa., Chuck (Berta) Lott of Lansing, Katy (Robert) Rios of Lansing, Jim (Cindy) Lott of Fort Meyers, Fla., Jon Lott of Bradenton Beach, Fla., Joe (April) Lott of Clearwater, Fla., Kevin (Patty) Lott of Lansing. Nora was preceded in death by her son, Steven Paul; granddaughter, Molly Elizabeth; brother, Mike; sisters, Janee and Peggy; and father, Clare.

OBITUARIES

Visitation will be 6-8 pm, Monday, December 28, 2015, at the Winchester Funeral Home in Charlevoix. Funeral mass will be 11 am, Tuesday, December 29, at Saint Mary's Church in Charlevoix where visitation will begin at 10 am. Burial will take place at Saint Mary's Cemetery in Charlevoix. The Reverend John Paul Bashe will officiate.

Donald Gordon Vyse, 87

(SEPT. 28, 1928 ~ DEC. 17, 2015)

Donald Gordon Vyse passed away at home, surrounded by his family, on Thursday, December 17, 2015. He was born in Detroit, Michigan on September 28, 1928 to

28, 1928 to William Gordon Vyse and Agnes Margaret (Wieg) Vyse.

He was married on July 30, 1955 at St. Mark's Episcopal Church, Detroit, to Joan Deary Vyse, who preceded him in death.

Surviving are children: Carolyn Works (John); Jenifer Harless (James); Michael Vyse (Cathie); Suzanne Harasti (John); grandchildren Meg (Margaret) Works; Audrey and Henry Harasti; Kristin and Matthew Vyse; stepgranddaughter Elizabeth Harless; and numerous nieces and nephews. Don is also survived by his brother-in-law Roger Deary and sister-in-law Carol Deary. Don was preceded in death by his sister, Marie, and brother-in-law Erwin; his sister, Beverly, and brother-in-law Bill.

Don graduated from Wilbur Wright High School, Detroit, in 1947 and received his B.S. from Wayne State University in 1958. He entered the Air Force in 1950, serving during the Korean War. He taught airplane mechanics at Sheppard AFB, Texas, and was honorably discharged in 1953 as an A/1C (P) airplane mechanic.

Don finished up his work career at Aetna Life & Casualty as a Senior Claims Representative and Supervisor. His vast experience in both Sales and managing people stood him in good stead for his next phase of life after retirement community involvement and over ten years as St. James Township Supervisor on Beaver Island, MI. His many successes included a paved bicycle path, a paved parking lot, downtown sidewalk improvement and general beautification. His greatest achievement was securing the restoration of the St. James Harbor Lighttower.

Don served his community in many capacities over the years: he was on the Beaver Island Community School Board of Education, the Beaver Island Transportation Authority and the St. James Township Board of Review. His love of airplanes is reflected in his long service to the Beaver Island Airport Committee, the Beaver Island Airport Commission, and also serving as BI Township Airport Manager for many years. He was a long-time vestry member and Treasurer of St. James Epis-

copal Mission on the Island, and received the honor of being named Beaver Island's first Citizen of the Year. In lieu of flowers, Don requested

that memorial contributions be made to the Beaver Island Rural Health Center at: P.O. Box 146, Beaver Island, MI, 49782. A memorial service will be held

this summer at St. James Episcopal Church on Beaver Island, MI. Guest Book: www.winchesterfuneralhome.com

Nancy Ward Pillsbury Mahoney, 83

(JAN. 19, 1932 ~ DEC. 17, 2015)

Nancy Ward Pillsbury Mahoney, long time Charlevoix resident, passed away peacefully on December 17, 2015, at Georgia House, in



Nancy was born January 19th, 1932 in Detroit, Michigan to Marion Hallett Pillsbury and Raymond Ward Pillsbury. She graduated from Denby High School, Detroit (1950) and married Gerald Mahoney on May 10, 1952. Nancy's parents and grandparents instilled in her their love of family, the outdoors and life on and around the waters of Lake Charlevoix. Nancy and Jerry had 3 children; surviving are Keith (Connie), Karen (Douglas), Kim (Ben), eight grandchildren and three great grandchildren. Her greatest fulfillment in life was being a mother; raising and loving her children.

Nancy was an amazingly capable woman who was an accomplished; swimmer, diver, skier, hunter, fly fisher, sailor, gardener, caregiver, first aid instructor, National Ski Patroller at Nub's Nob, cook, and hostess, as well as; a loving wife, mother, grandmother, aunt, and friend. Throughout her life, she gave much of her time and energy to helping others; from caring for her in-laws and parents for many years, to organizing a girls' softball league, to starting a kids' ski club and teaching hundreds of children to ski.

Nancy and Jerry retired to her family's property on the South Arm of Lake Charlevoix, where she had played as a child on her grandfather's farm and which was her second greatest love after her family. Here they enjoyed many happy times with family and friends.

Nancy was preceded in death by her husband of 55 years, Gerald Mahoney (June 25, 2007); her parents; and her sister, June Hastings.

In honor of Nancy's courageous battle and in lieu of flowers, memorials may be made to the Alzheimer's Foundation of America.

Virginia Jean "Ginger" (Russell) Bischoff, 68

(DEC. 7, 1947 ~ DEC. 16, 2015)

Virginia Jean "Ginger" (Russell) Bischoff, 68, of Charlevoix, passed away Wednesday, December 16, 2015 peacefully after long health struggles at her home. She was born December 7, 1947, in Charlevoix to Walter (Pug) and Marjorie (Engelhart) Russell. Ginger attended Charlevoix High School.

Ginger was a warm and loving wife, mother,grandmother, and friend who was there for everyone who came into her life.

She worked for Char-Em Intermediate School District as a teacher's aide and in transportation for exceptional children. Ginger was there for twenty years. Her students were the love of her life. During her summers she trained for massage therapy, and then established her own business and began working as a massage therapist. Ginger owned Therapeutic Massage of Charlevoix and was a massage therapist for twenty years.

On April 26, 1986, she married Robert C. Bischoff in Charlevoix. She is survived by Robert; her children, Pat (Allison) Hamlin of Manistique, and Danielle (Ryan) Clark of East Jordan; step-daughter, Angie Bischoff of Onaway; grandchildren, Madalaine and Kayla Clark, Morgan and Connor Hamlin, Jordan, John, Jacob, and Jared Burridge; great-grandson Riot Heise, sister, Jackie Russell of New York state; brother, Carney (Jeanette) Russell of Petoskey. Ginger was preceded in death by her brother Walter Russell.

A memorial service was held Monday, December 21, at the Winchester Funeral Home in Charlevoix. The Reverend David Behling officiated.

Betty Lou Patrick, 84

(NOV. 19, 1931 ~ DEC. 15, 2015)

Betty Lou Patrick went home to be with the Lord on Tuesday, December 15, 2015, in Sebring, Fla. She was born November 19, 1931, in Hagler, Idaho to

h esmo d Rhoda (Peters)

the late Leo and Rhoda (Peters) Putman. Betty was a homemaker, liked to craft, loved to decorate for Christmas and collect angels. She also enjoyed reading Christian Amish stories. She especially loved her family and was an inspiration to all her family to come to the Lord Jesus Christ. She was a member of Trinity Missionary Church in Petoskey. Leaving Charlevoix she has been a resident of Sebring, Fla. since 1999. Survivors include her husband: Paddy Patrick of Sebring, Fla.; children: Michael and spouse JoAnne Patrick of Charlevoix, Mich.; Della Smith of Sault Ste. Marie, Mich.: Danny and spouse Estela Patrick of Sebring, Fla.; twelve grandchildren; seventeen great-grandchildren: and two great-great-grandchildren.

Funeral service was held Monday, December 21, at the First Baptist Church, 6781 M-66 Hwy., Charlevoix, MI 49720. Pastor Steve Beigle of the Trinity Missionary Church in Petoskey officiated assisted by Pastor David Behling. She will be laid to rest at the Brookside Cemetery in Charlevoix.

Charlevoix TOUNTY NEWS VOLUME 7, ISSUE 27

E-Mail News Releases and Announcements to Office@CharlevoixCountyNews.com

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The Charlevoix County News is published weekly on Thursdays. Published by Michigan Media, Inc., PO Box 1914, Gaylord, Michigan 49734.

POSTMASTER: Send address changes to Charlevoix County News, PO BOX 205, BOYNE CITY, MI 49712

Distributed to Boyne City, East Jordan, Charlevoix, Boyne Falls, Walloon Lake, Ellsworth and Atwood. Available on News Stands: 75 cents a copy.

Subscriptions:

Local Home Delivery of the News: \$55.00/year.
Out-of-County Delivery of the News: \$75.00/year.
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DILWORTH HOTEL

CONTINUED FROM PG. 1A

historic renovation projects would not be possible.

"The need for public and private partnership is key to community development. Financial support from the state and local level is critical to make this investment financially feasible," said Michael Cain, City Manager of Boyne City.

The Dilworth Hotel sat vacant for many years and there has long been vigorous public support for bringing this community asset back to its original glory. It is a landmark with

strong ties to Boyne City's history. It's location at the entrance and main corridor into downtown has kept this a top priority for the community for many years.

"This is really a catalyst for future projects and redevelopment and will help spur economic development in and around the community. We are so fortunate to have someone like Bob Grove who has a keen interest and passion for bringing the Dilworth back to the way it was 100+ years ago," added Lori Meeder, Main Street Director.

Work has begun to stabilize the brick façade and the roof system before winter with window repairs to begin soon. "The plan is to fix all of the existing windows instead of replacing them. My goal is to renovate the hotel with historical integrity. I

have studied all of the original features and attributes and will work to keep the Dilworth true to its original character," said Bob Grove, owner and developer.

The 103-year-old Dilworth Hotel opened in 1912 and has been listed on the National Register of Historic Places since the mid-1980s. Once completed, the three story, 28,000 square foot hotel will provide much needed accommodations with 26 rooms, a restaurant, a banquet room and a pub. Discussions have begun with a hotel management group to operate the hotel.

For more information, contact 231.582.9009 or email mainstreet@boynecity.com

Students display paddleboard class projects

Baker College of Cadillac and Char-Em ISD coordinated the "Ride the Wave" class to build awareness of lightweight industrial materials and to encourage students to consider careers in composites technology. A celebration of the completion of a 10-week afterschool class was held on December 17 held at Tommy's Michigan showroom in Walloon Lake. The class focused on composites technology and the display of class projects featured three stand-up paddleboards. The event was attended by six high school students who completed the class and their parents, representatives from the sponsors—Baker College of Cadillac and

Charlevoix-Emmet Intermediate School District, and the two boatmaking, composites experts who led the class, Tim McCarthy, of Ellsworth, and Ken Stolpman, of Charlevoix.

In teams of two, the students built 11-foot paddleboards, led by Tim McCarthy, Ken Stolpman and Jay Anderson. McCarthy is an expert in industrial composites and carbon fiber applications. He owns a carbon fiber conversion company and has worked for The Dow Chemical Company and BMW in Germany. Stolpman is a renowned boat maker, cycling enthusiast and entrepreneur. Anderson is director of



ABOVEL The paddleboard designed and created by the by six high school students who

RIGHT: Baker College of Cadillac and Char-Em ISD coordinated the "Ride the Wave" class to build awareness of lightweight industrial materials and to encourage students to consider careers in composites technology. COURTESY PHOTO

Baker College's Center for Applied Technology and Training and is a faculty member for the advanced manufacturing technology programs.

"As the automotive industry and others move toward lighter weight materials, there will be additional career opportunities for those with knowledge of composites," said

Mark Lagerwey, Baker College of Cadillac dean of business and tech-

Based upon the success of the class, it will be offered again at Boyne Falls, as well as launching in Cadillac, both in the spring. Interested students are to contact Jay Anderson, 231.876.3600, jon.anderson@baker.edu.



Photography Contest winner announced

Boyne City's Walkabout Sculpture Committee Photo Contest, open to all amateur and professional photographers, kicked off in September. The committee received 31 photo entries posted to Face Book. David Leaver won with his photo entitled Draco Starry Night, which captured the Draco Viewer in the starlight. David will receive \$100 and be recognized at the June 2016 Artist Reception.

'We are so pleased that so many photographers participated and posted amazing photos of our sculptures", says event organizer and local sculptor, Martha Sulfridge. "This was an opportunity for us to encourage everyone to enjoy the sculptures and allow them to study the sculptures from a different, more thoughtful perspective."

A new photo contest kicks off in January 1 with a new twist. The photos submitted and posted to our Boyne City Main Street Face Book page must be a "selfie" with their favorite sculpture. This contest will run from January 1 to February 10 with the winner announced at the Chocolate Covered Winter Fest in February.

The Walkabout Sculpture Show, now in its eighth month, features eight sculptures of various sizes and mediums - life size to monument presentations, realistic to abstract, metal, clay, steel, iron and granite - has created a real buzz. Martha Sulfridge, said, "The goal is to create a new and fresh show each year and expand the tour to



David Leaver won with his photo entitled Draco Starry Night, which captured the Draco Viewer in the starlight. COURTESY

include even more sculptures and artists from around the country next year." An Artist Reception, to be held in June to celebrate and thank the sculptors for the enjoyment the community received throughout the year. The reception will also introduce the new pieces that will be installed for the next year. A People's Choice Award of \$1,000 will be presented to the winning sculpture at the June Reception.

The Walkabout Sculpture Show is free and accessible to all viewers 24 hours a day. All the featured art works are for sale. Anyone interested in purchasing or voting on their favorite pieces can contact the Boyne City Main Street office at 231-582-9009,

Mainstreet@boynecity.com or visit www.walkaboutsculptureshow.com

Bring on the Christmas Spirit

By Jim Akans

When the effortless vocals of Andy Williams ring out the lines of the Edward Pola and George Wyle penned Christmas classic "It's the Most Wonderful Time of the Year," there is no mistaking the heartfelt joy and elation Williams feels embracing the Christmas spirit. It is a testament that even amid the fast-paced, electronic networking era we live in there remains a collective longing for the fellowship, kindness and love the Christmas season brings to light every December.

For that's what the spirit of Christmas is about. It is a celebration of the birth and love of Jesus Christ. A time for reflection, gathering together with friends and loved ones, giving from the heart and reveling in the excitement of see-



Frosty says - Bring on the Christmas spirit! Wikipedia Commons file, ATTRIBUTION C. NEVIT

ing others receive. It is about smiles, laughter, long hugs, stories and remembrances, comforting hearts and revealing our dreams.

It is most certainly about the children who sense the Christmas spirit on a whole different level. There is simply no joy grander than seeing the beaming faces of children on Christmas morning. They see grown-ups regain a sparkle as their own eyes experience a

world suddenly focusing on them. School's out and Santa's really on the way? Presents under the tree for ME?

It is also about sharing lots of great food pies, cakes, fudge, cookies, candies, punches, roasts, mashed potatoes, casseroles, chips, nuts, fruits...at least a little fruit. From Thanksgiving until New Year's it's okay to stop counting calories. It's the perfect set-up for making a resolution

a week later about making the scales turn counter-clockwise in the early months of the New Year.

The Christmas spirit can also be felt in communities throughout our great nation. People gather together for parades, tree lighting ceremonies, Main Street celebrations, holiday concerts and plays, in churches and at candlelight services. The message is clear love and cherish one another regardless of our faults and differ-

So bring on the Christmas spirit. We all share this earthly real estate and at Christmas we are reminded that we are also bound together in the spirit of love, harmony, generosity and forgiveness. Take to heart that this truly is "the hap-happiest season of

Merry Christmas!

DONATION

CONTINUED FROM PG. 1A

on the corner of US 31 and Mercer Road would be positioned. The Krist convenience store and gas station will be built on property that is in Charlevoix Township. There is no proposed construction for the portion that is in the city. The small section of Division Street will be eliminated and Mercer Road will be restructured and widened as recommended by MDOT. The only public comment during the public hearing was from a nearby resident asking that the company plant a screen of some sort, maybe cedar trees, to block

some of the light and noise that the station will produce from the condominiums across the street. No comment was made to his request but the company has already agreed to donate 15 trees to the city. According to Malewitz, a second Krist station will also be built on the south end of Charlevoix next to the Flight Deck adjacent to the railroad tracks. These are the first Krist stations in the Lower Peninsula. A resolution to vacate the road was passed.

Public works superintendent Pat Elliott approached the board to get permission to spend funds already allocated to replace aging vehicles in the DPW fleet. This year's budget has \$60,000 set aside to replace 2

one-ton trucks. "These 2 would be replacing 2 of the oldest in our fleet and by getting them we're not repairing all the time," he said. The council passed a motion that allows Elliott to purchase the trucks once he finds them. "They don't need to be super fancy just pretty basic utility vehicles," he said. Elliott then reminded the council of \$25,000 set aside to replace the aging 1995 Ford half-ton truck used to tow mowing equipment. "In all reality it needs to be scraped out," he said. He received approval to purchase a 2011 Chevy half-ton pick-up for \$18,229.

The next City Council meeting is scheduled for January 4 at 7 p.m. at City



gineers holds a schematic of the proposed Krist station that is planned for the corner of US31 and Mercer Road.

James Malewitz with Performance En-

FUNDING

CONTINUED FROM PG. 1A

Places" crowd-funding initiative. If approved, it would utilize the online fundraising platform known as Patronicity (www.patronicity.com).

This social media mechanism of fundraising allows community members to make individual contributions of any size through an online campaign. The total project cost is \$50,000 and if the community can raise \$25,000, the MEDC will match the \$25,000.

Tony Williams, a sub-committee member, who's grandfathers' were both lumberjacks in the Boyne Valley, pointed out that "We have already received sup-

port from a number of local residents and from the Charlevoix County Community Foundation. We are very grateful to all who have supported this and see the value of such a timeless piece of art that will be enjoyed for years to come. We welcome and appreciate all donations toward this effort. For every dollar someone donates the MEDC will match that with a dollar.

It's a great opportunity to leverage our local support."

Lori Meeder added, "What makes our community really special is caring and compassionate people that help every day with their financial support, time and talents. We are extremely fortunate in that regard."

Anyone wishing to donate or learn more can email mainstreet@boynecity.com or call 231.582.9009

Kirtland Community College Announces Fall 2015 President's, Dean's Lists Honorees

ROSCOMMON-Officials at Kirtland Community College recently recognized students for their academic achievements during the 2015-16 fall semester which earned them placement on the college's dean's and president's lists.

To qualify for the president's list, candidates must be full-time students who earn a grade-point average between 3.8 and 4.0. Dean's list candidates must have a gradepoint average of 3.4 to 3.799.

To learn more about Kirtland's veteranfriendly services, programs, advising, testing, financial aid and other services available to students, contact Michelle Devine, Admissions Coordinator, at 989-275-5000 extension 284 or visit.

PRESIDENT'S LIST Terry McBee, East Jordan

DEAN'S LIST

Meagan Arlt, Charlevoix Tiffany Arsenault, East Jordan Kaitlyn Shananaquet, Boyne City

PART TIME STUDENT HONOREES

Jason Barnett, East Jordan Nathaniel Brewer,

East Jordan Douglas Coultes, East Jordan

Matthew Kent, East Jordan Jeffrey Komondy, Boyne City

Drew Nohel, Boyne City Willis Planck, Wal-

loon Lake Dakota Sarasin, East Jordan

James Shull, Charlevoix

Barn on Saturday's from 9am-1pm through April.

Hospice of Northwest

Michigan invites you to

join our Monthly adult

support group, which

at the First Baptist Church, 6781 M66 North.

grief, loss & bereavement

takes place the 2nd Sunday

of each month from 4-5pm

News Briefs

EAST JORDAN CHRISTMAS EVE CHURCH **SERVICES**

December 24. East Jordan Lighthouse Missionary Church - 7pm, St. Joseph Catholic Church -6pm, East Jordan United Methodist Church - 6pm, East Jordan First Presbyterian Church - 5pm.

IRONTON CHRISTMAS EVE SERVICE

December 24, 7pm, Ironton Congregational Church on Washington Street. A very traditional service with songs, candles and refreshments following.

EAST JORDAN **COMMUNITY CHRISTMAS DINNER**

December 25, 1-3pm, United Methodist Church

BOYNE CITY CHRISTMAS DINNER

December 25, Noon-2pm, 1st Presbyterian Church. 401 S. Park Street. The 1st Presbyterian Church of Boyne City will continue its tradition of offering a free Christmas Dinner for anyone and everyone in the community. Elizabeth Broschart said, "You are invited to the First Presbyterian Church for a Christmas Dinner as we celebrate the birth of Christ and join our hands in fellowship. If you prefer not to eat alone, please join us." Church members are cooking a traditional turkey dinner with all the fixin's. The dinner is paid for by contributions from the congregation, the public and local grocery stores. Anyone who would like to support the effort may call 582-7983. The 1st Presbyterian Church will also hold a 7 p.m. service on Thursday, Dec. 24, Christmas Eve.

BOYNE CITY BLOOD DRIVE

December 28, 11am-4:45pm. Community of Christ Church 777 Vogel Simply call 1-800-RED CROSS (1-800-733-2767) or visit redcrossblood.org to make an appointment or for more information.

CHARLEVOIX **COMMUNITY POOL NEW** YEAR'S CELEBRATION

December 30, 6-8pm, Charlevoix Area Community Pool. Beach Bash 2015! Celebrate with family and friends at the Pool for our annual New Year's kick-off party. It's cold outside, but not on the Pool deck. Grab your swimsuits, lounge at the pool, toss around some beach balls, and soak in the hot tub. Pizza, refreshments and goody bags pro-

Holiday Activities at Raven Hill Discovery Center



Plan to treat yourself and your family to fun and exploration at Raven Hill Discovery Center at least once during this coming holiday

Raven Hill Discovery Center will be a busy place during December. Plan to treat yourself and your family to fun and exploration at Raven Hill Discovery Center at least once during this coming holiday season.

Book the Great Room for a party or schedule a class and make some special gifts to give or keep. Delight your loved ones with a special gift this year. Handmade copper pendants, Shibori scarves & garden flags, handmade paper or marbled

paper stationary, fused glass ornaments, jewelry and refrigerator magnets are only a few of the art classes offered at Raven Hill Discov-

Discovery Days are scheduled from noon to 4 p.m. daily from Saturday, December 19th through Sunday, January 3rd, with the exception of Christmas Day and New Year's Day. Visitors can spend hours playing in the museum, hold or pet the animals and bring their

winter gear to explore outdoor exhibits, if they choose.

A New Year's Eve Overnight from 6 p.m. on December 31 to 9 a.m. on January 1 will entertain the kids and keep them safe, while you celebrate with them or on your own. Registration is limited and cost is \$100 per child.

To book a class or register for the New Year's Even Overnight, call the Center at 231-536-3369 or email info@ravenhilldiscoverycenter.org

information.

CHARLEVOIX

This program is open to anyone in our community looking for assistance in their grief process and is facilitated by Rev. David Behling. There is NO CHARGE to attend. Please feel free to call Hospice at 231-547-7659 to register or for more

EAST JORDAN **CHRISTIAN COFFEE** HOUSE

Open Door Christian coffee house will be held every first and third Saturday at the East Jordan Community Center on Main St. Refreshments are available; free coffee and a small charge for pizza and soda. We have a lot of wonderful talent right here in northern Michigan. Great fellowship, everyone is welcome to come

CHARLEVOIX **STORY TIME**

Weekly Story Time is hosted every Thursday at 10:30am and all children and their parents or caregivers are invited to attend. Story Time at the Charlevoix Library is geared towards children birth to five years old. Ms. Laura, storyteller extraordinaire, reads stories, sings songs, interacts with finger plays, and sometimes even dances with the

NORTHERN MICHIGAN **EMERGENCY HEATING** AND UTILITY ASSISTANCE

Northwest Michigan Community Action Agency (NMCAA) has emergency heating and utility assistance available through the Michigan Energy Assistance Program (MEAP). Please don't wait until it's too late, call NMCAA today to be prescreened for eligibility! Along with financial assistance, NMCAA will provide clients with energy education and connections to other services and resources. For Grand Traverse, Benzie, Kalkaska, and Leelanau County residents - call (800) 632-7334. For Antrim, Charlevoix, Emmet, Missaukee, Roscommon, Wexford County residents - call (800) 443-2297.

vided. Children 5 and under are free! All other guests (swimmers and non-swimmers), \$5 advance purchase or \$6 at the door. Reservations are recommended, as we are limited to a maximum occupancy. Call or email the Pool today to ensure your spot at the Beach Bash: 231.547.0982 or info@charlevoixpool.org.

CHARLEXOIX **BRIDGE DROP**

December 31, starting at 9pm. The Charlevoix Bridge Drop is back and better than ever. Get your creative juices flowing during the Snowman Making Contest (sponsored by Charlevoix Public Li-

brary). Make smores over the fire pit in Bridge Park! The best New Years Eve Firework Show in the Midwest will take place at 9pm. The Bridge Drop will take place at midnight.

CHARLEVOIX **MODERN DAY MASQUERADE**

December 31, 9pm-1am, Castle Farms. Join us at the Castle on New Year's

Eve for a masquerade ball as we usher out the Old Year and ring in the New. \$45 per person.

CHARLEVOIX **BLOOD DRIVE**

January 14, Noon-5:45pm. Community Reformed Church, 100 Oak Street. Simply call 1-800-RED CROSS (1-800-733-2767) or visit redcrossblood.org to make an appointment or for more information

BOYNE CITY ANNUAL MEETING AND AWARDS CEREMONY

January 21, 5:30-8:30pm at Boyne Mountain. This is a special night for the area's business community, bringing together more than 300 members of the Chamber family for an evening of dining, socializing, special recognition and to present the Chamber's annual awards. The program includes food, beverages, live and silent auctions, entertainment by the Boyne City High School Jazz Band, awards in six categories and the introduction of the Chamber Board members. Tickets; \$40 per person by January 4 and \$45 after and are available at the Boyne Chamber, (231) 582-6222.

EAST JORDAN **ANNUAL DINNER/ MEETING/AUCTION**

January 30, Castle Farms. Chamber of Commerce Annual Dinner/Meeting/Auction.

BOYNE CITY

Free Balance Workshop

Beginning January 4th the Area Agency on Aging of Northwest Michigan is offering a popular eightsession workshop designed to help adults with concerns about falling in Boyne City. This awardwinning program, called "A Matter of Balance: Managing Concerns About Falls," is being held in the Community Room at Litzenburger Place located at 829 S Park Street. Classes will be held every Monday from 10 am-12 noon from January 4 through February 22, 2016. The Boston University, evidence-based program emphasizes practical

Visit www.aaanm.org/mobworkshops to learn where and when "A Matter of Balance" workshops are

strategies to reduce the

fear of falling and increase

activity levels. To register

for a class, or to request a

please call 1-800-442-1713.

workshop in your area,

being held throughout northwest Michigan.

CHARLEVOIX **IRONTON FERRY SERVICE** SUSPENDED

The Charlevoix County Transportation Authority has determined it will be necessary for the Ironton Ferry to remain closed for the remainder of the 2015 season, due to the extensive damage caused by an October 2nd private vehicle fire while aboard the ferry. The Transportation Authority anticipates no fire-related delay in the annual re-opening on April 15, 2016 as scheduled.

BOYNE CITY FARMERS MARKET

The Boyne City Winter Farmers Market begins November 7 at the Red

LAW ENFORCEMENT

BOYNE CITY POLICE DEPT.

MONDAY, DECEMBER 7

Report of suspicious activity in the 200 block of N Lake St

Shoplifting complaint 1207 in the 200 block of S Lake St 1513 Suspicious situation in the 1000 block of Boyne Av. Assist Sheriff Dept in Boyne Falls

1638 Vehicle unlock on E.

Citation issued for speed at Front and Second. 2104 Subject arrested for domestic violence in the 600 block of N East St

TUESDAY, DECEMBER 8

0118 Report of possible drug paraphernalia in the 600 block of N East St.

1148 Threats reported in the 100 block of E Water St 1203 Domestic dispute in the 500 block of Jersey St. 1348 Suspicious situation reported on Vogel St 1726 Hit and Run at State

St. and East St. 1900 Request for a civil stand by in the 600 block of N East St.

WEDNESDAY, DECEMBER 9

Report of lost keys Hit and run Private property damage accident in the 300 block of E Division St.

1758 Report of possible chimney fire on Roosevelt St.

1840 Threats complaint from the 400 block of State St.

Computer scam.

Report of suspicious 2104 noises in the 300 block of Vogel Loose tarp slapping the side of the house.

2248 Assist EMS in the 1100 block of Pleasant.

THURSDAY, DECEMBER 10 0017 Lodged a dog that

was found RAL in the 300 block of E Division St 1140 Lockdown drill at Early

Learners building 1215 Report of vehicle speeding on East Main daily in the late afternoon.

Funeral escort to

1636 Citation issued for speed at E Main and Harris.

1324

Maple Lawn.

1735 Vehicle unlock on W

Water St. 1822 One vehicle property damage accident at Fall Park and Boyne Ave.

2120 Assist MSP with a prescription fraud and larceny of 2134 Vehicle unlock in the

Industrial Park 2305 Assist Sheriff Dept with a tree down across BC-EJ

road near Deer Lake. FRIDAY, DECEMBER 11

0758 Car pedestrian injury accident at Brockway and Harris. Citation issued for failure to yield to pedestrian in crosswalk. 1045 Stalking complaint reported in the 100 block of W. Morgan.

1140 Poaching complaint

on Grace Ln.

1230 Gasoline drive off in the 1300 block of Boyne Av Lockdown drill at Con-1350 cord Academy

Domestic assault in the 400 block of Jefferson. One subject arrested.

Unlock in the Industrial

1820 Found property in the 400 block of N Lake St. Returned to owner.

600 block of Adams St 2149 Suspicious situation in the 500 block of S. East St.

2009 Arrested subject in the

SATURDAY, DECEMBER 12 0015 Dog running at large in the 600 block of S Park.

Suspicious subject on 0046 Pleasant headed out of town. Assist EMS in the 500 0619

block of E Division. 1602 Assisted EMS in the 300 block of E Division St

SUNDAY, DECEMBER 13 0152 Fight on W Main St. Arrested subject for 2 counts of

domestic violence. 1212 Larceny of iPad and xBox game on 12/5/15 in the 500 block of N Lake St 1328 Flooding reported at

Front St. and Main St. Assist EMS in the In-1518 dustrial Park



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News

East Jordan Public Schools

Students of the Month



Emma Murray

She can make anyone feel welcome and loved. She loves to help out classmates or other students in need. Emma is always positive and willing to try her absolute hardest. She is always making good choices and she encourages her peers to do the same. Emma is a fine example of a safe, respectful and responsible Red Devil!

Emily Zmikly

Emily Zmikly is a positive, enthusiastic, "always smiling" member of science class. Her "bubbly" attitude, and enthusiasm make her a very worthy "student of the month". Great job Emily!

Brittnie Moses

Brittnie is well respected by her peers. She is kind and compassionate. Academically, Brittnie is an outstanding student and maintains a 3.09 GPA. Brittnie is always there to help other students. She is considered a mentor in art class.

Boyne Falls **Public Schools**

Student of the Week



Jordan Herman

Grade: 10 Parent's Name(s): Robert and Lori Herman **Future Plans:** To own his own restau-

Favorite Book: Artemis Fowl Series Hobbies and Interests: Cooking and Baking School Activities: Student Council and YAC

"Jordan is one of the most remarkable young men I have had a pleasure to teach. He strives for excellence in ever pursuit and he never fails to have a positive attitude and a smile for everyone. He is a leader and often takes the time to help fellow classmates with their work. Jordan is in many advanced classes and still manages to come out at the top of his class. I am excited to see where his future will take him and have no doubt that he will have success in whatever endeavor he pursues."

Boyne Falls **Public Schools**

Student of the Week



Staff Comments

"Margo is willing to look outside the hoy to find and and complete her assignments. She works well by herself and with others while doing outstanding work in all subjects areas. Margo has the desire, interest, determination, and intelligence to attain her goals.

Margo **Shuman**

Parent's Name(s): Sarah and Michael Shuman

Be in a band and play bass guitar, or sing, or play drums; Be an artist; Math Teacher.

Favorite Book:

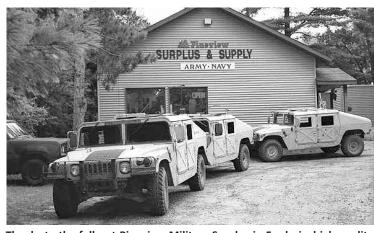
Miss Fortune (Poison Apple Series); Anime Manga (Anime newspapers that show different episodes and different animes but in a book/news

Hobbies and Interests: Watching Anime; Drawing/Sketching/Coloring Anime; Hanging out with

friends, Helping friends

School Activities: Art, Reading, Homework, Hanging out or helping when HIDDEN TREASURES

"Get your gear on" at Pineview Military Surplus in Frederic



Thanks to the folks at Pineview Military Surplus in Frederic, high quality, military grade items are available for campers, hunters, hikers, outdoor enthusiasts, and those who simply enjoy well-crafted, durable goods. PHOTO

By Jim Akans

Built to perform, built to last. It is a quality inherent in the equipment designed and manufactured for military use. Thanks to the folks at Pineview Military Surplus in Frederic, these high quality items are also available for campers, hunters, hikers, outdoor enthusiasts, and those who simply enjoy well-crafted, durable goods.

Pineview Military Surplus current owners, Dan and Christine Klatt, purchased the business back in 1997, after it had already been in operation for about 17 years. The approximately 2,000 square foot facility located in Frederic on Old U.S. 27 North is an amazing wonderland for those interested in just about any type of military surplus item. The shop even includes a fascinating military museum, with collections starting from the Revolutionary War era through the current conflict in Iraq and Afghanistan

Christine Klatt states, "While the items in our museum area are not for sale, they are amazing to see. What we do offer in our store is all the Government Issue military surplus items that we can find, some authentic new items, and even some vintage items. Our inventory comes from government auctions, from people who have retired from the military, and we also buy new items from the same manufacturers that supply the government with equipment."

Highlights of those offerings included clothing and outerwear of just about every type; rain gear, head gear, boots, hats, helmets, even women's, children's and infant clothing.

They also stock camping gear, web gear, backpacks, carry bags, and chemical protection suits (a great alternative to scent lock suits for hunters). Among the souvenir items in the shop are military insignia and ribbons, medals, hatpins, patches, decals, window stickers...the list of items goes on and on.

The best way to see what is available is to stop by and take a look! Pineview Military Surplus is located at 7328 Old US 27 North in Frederic. Currently, they are open Tuesdays through Sundays from 9 am to 7 pm. Check them out on Facebook at Pineview Military Surplus, or call (989) 348-8300.



Call: 989-732-8160 Fax: 888-854-7441

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www.CharlevoixCountyNews.com

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Charlevoix 231-547-9624 www.bergmanncenter.org

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Furniture Barn 06176 Old US 31 S., Charlevoix 231-547-0133 www.dkellyantiques.com

Goodwill Retail and

Donation Center 402 Petoskey Avenue Charlevoix 231-437-6176

CHEBOYGAN

Goodwill Retail and Donation Center

982 S Main St., Cheboygan 231-445-9300

EAST JORDAN

Crossroads Resale Shop 205 Water Street., East Jordan 231-536-7606 Open Tuesday thru Saturday

ELLSWORTH

Good Samaritan Furniture & More Store 6519 Center St., Downtown Ellsworth 231-588-2208 thegoodsam.org

ELLSWORTH

Good Samaritan 9746 Main Street, Ellsworth 231-588-2208 thegoodsam.org

FREDERIC

Pineview Military Surplus 7328 Old 27 North, Frederic 989-348-8300

GAYLORD

A-2-Z Resale 1829 Old 27 South, Gaylord 989-732-9500

Goodwill Retail and Donation Center 1361 Pineview Dr. (near Lowes), Gaylord 989-705-1747. www.goodwillnmi.org

GAYLORD

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Homespun Antiques & Crafts 230 West Main Downtown

Gaylord 989-731-4305 Mon - Sat 10-5, Sun Noon - 4

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PETOSKEY

Goodwill Retail and Donation Center 1600 Anderson Rd., Petoskey 231-348-6947 www.goodwillnmi.org

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to the Charlevoix County News

Distributed to Boyne City, East Jordan, Charlevoix, **Boyne Falls, Walloon Lake, Ellsworth and Atwood.**

Local Home Delivery of the News: \$55.00/year. **Out-of-County Delivery of the News: \$75.00/year.**

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East Jordan State of

EAST JORDAN— East Jordan is heading in the right direction and heading in the right direction and heading its future is bright was the message members of the community walked members of the community four keyaway with after hearing four A East Jordan's State of the Community Luncheon Tuesday, November 11. An air of optimism filled the Harvest Barn hall as 26 East Jordan High School seniors and other members of the community lis-

High School semors and other members of the community lis-tened intently to Mayor Russell Peck whose speech focused on the Peck and infrastructure im-

provements that still lie ahead for the city. "All in all things are look-ing up, we're heading in the right direction. Together we will position our community for a resilient and sustainable future. Indeed, East Jordan's future is bright," he con-cluded.

cluded.

Peck not only talked about all
that the city has accomplished but
emphasized the infrastructure improvements needed to accommodate new growth. "We are very
optimistic about the future of our
community and that ontimism optimistic about the future of our community and that optimism comes from the exciting new direc-tion we have been heading." he said. He cited the city's sewer sys-tem that is already operating at 98% capacity, sidewalks, and sea-pilings to be installed at the southwest side of the harbor next to the bridge intended to stop silt from filling the harbor (construction to begin in December) as projects that will further enable the city to grow. He mentioned the new well house (already up and running), the now open 24/7 recycling center and the \$12,000 Kayak facility in the park which he stated presently "looks like an art project." "We are developing the kind of community we have envisioned for future generations. There is a positive up beat energy," he said.

See **State of the Community**—11A



DDA ChairmanTom Teske, Entrepreneur Director with the Northern Lakes Economic Alliance Tom Erhart, Chamber of Commerce Director Mary Faculak, East Jordan Mayor Russell Peck and El Schools Superintendent Matt State of the Community Address Tuesday, November 11. "East Jordan's future is bright," said Peck.

Boyne Area Community

Christmas "That no child in the Boyne area be without a Christmas"

Christmas"
Over the last 60 years
your generous donations
ensured thousands of
Boyne area children had a

with the noliday season approaching we, the volun-approaching we, the volun-teers of Boyne Area Com-munity Christmas, are asking for your support. All of your donations are greatly appreciated and can be in the form of non-per-ishable food items, new un-wrapped toys, games or

wrapped toys, games or books. If you would like to donate monetarily, please

donate monetarily, please make checks payable to Boyne Area Community Christmas and send them c/o Eleanor West, Treasurer at 915 Robinson Street #15, Boyne City, MI 49712. All donations can be dropped off at the Boyne City Education Center by using the Pine Street entrance. We will be accepting donations from November 19 until December 19, 9am to 4pm.

merrier Christm With the holiday season



BOYNE CITY 47 NEGAUNEE O





Permit No. 70 Gaylord, MI **GIA9** Standard Mail Ostage

District Champs! to 4pm.

If you need any additional information, please contact Ruth Witenski at (231) 582-3152 or (231) 758-2787. If you would like to submit the name of a child in need, please contact Nancy Hosmer at (231) 582-7246.

Boyne City's Luke Sage (2) follows an opening for another big gain. Sage finished with 63 yards on nine carries and a touchdown. Full Story in Sports. (PHOTO BY CINDA SHUMAKER)

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Local Sports

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Health

ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

Drs. Oz and Roizen

Television's Dr. Oz and Cleveland Clinic's Dr. Roizen report on health, wellness and quality of life.



INSURERS' PRIME DIRECTIVE

In "Star Trek," the Prime Directive may work well to protect less-advanced societies from contamination by the hyper-techy world of Starfleet. But in this world, you need a Prime Directive that encourages health insurers who are lagging behind in their support of modern medicine to get with it.

According to the American Society for Metabolic and Bariatric Surgery, only 23 states cover bariatric surgery under the Affordable Care Act, and among the 27 others, it's hit or miss if private insurers do. Seems some insurers aren't up on a study from the University of Pittsburgh and others showing that three years after bariatric surgery, over half of folks -- those who were previously obese and had a hard time getting around -- had no mobility deficits!

That's sidestepping a lot of hip and knee replacements and a lot of expenses. The cost for each of the 719,000 knee replacements done in America annually ranges from \$16,000 to \$61,000. Bariatric procedures: \$15,000 to \$35,000. And the savings for patients and insurers don't stop there: Post-bariatric surgery, patients dodge diabetes, heart disease, memory loss, many cancers and general

Clearly it makes sense to provide weight-loss surgery to those who need it! And if you're overweight, it always makes sense to take steps (10,000 a day) to upgrade your diet (keep trans and saturated fats, added sugars and syrups, and processed grains off your plate). Every pound you lose takes four pounds of pressure off your aching joints and tired muscles.

OVERCOMING DENTAL FEAR In the 1996 horror film "The Dentist." Corbin Bernsen played horrifying (of course!) oral surgeon Dr. Alan Firestone. That role did more to fuel dental phobia than even 1976's "Marathon Man." Remember Sir Laurence Olivier asking Dustin Hoffman, "Is it safe yet?" These days, 24 percent of adults have dental fear and 4 percent have an outright dental phobia; those feelings of apprehension and anxiety aren't at all

entertaining. If that's you, you probably avoid going to the dentist even annually, and that puts you at increased risk for cavities and gum (periodontal) disease. Periodontal disease is associated with everything from chronic bad breath to Type 2 diabetes and cardiovascular problems.

But a new study out of King's College London found that after five weeks of cognitive behavioral therapy, 79 percent of dentist-fearing folks were able to have normal dental procedures (cleaning, getting a filling) without being sedated.

The effect is not long-lasting for everyone, however, because many folks with dental fears also have high levels of general anxiety (27 percent in this study) and depression (12 percent). For those folks, treatment with extended therapy (and possibly medication) is required to keep their smile good looking.

So if you can't remember the last time you had your teeth cleaned, go to sharecare.com for extensive info on CBT and the website for the Association for Behavioral and Cognitive Therapies (www.abct.org) to find a practitioner near you. That will put a smile on your face, and make your RealAge younger.

ARE YOU AT RISK FOR DVT?

The movie "The 33" details the lives of 33 Chilean miners who were exploring a vein of copper deep in the earth when a cave-in trapped them in the narrow shaft. If you want to understand what deep vein thrombosis is, the comparison is a pretty good one. For miners, the deeper they dig, the tougher it is to get them out if something bad happens. For those with a blood clot (thrombus), if it's lodged in a deep vein of your leg, the more potentially life-threatening the situation becomes. The clot can travel from those deep veins back to your heart and lodge in your lungs, where it causes sudden death about 25 percent of the time.

Five years ago, the National Institutes of Health estimated DVT affected 300,000 to 600,000 folks in the U.S. annually. Today the Centers for Disease Control and Prevention believes the number could be as high as 900,000.

The biggest risk factors for DVT include a previous blood clot (take blood thinner, if prescribed, and two 82 mg aspirins daily if your doc agrees), obesity (lose weight by banishing added sugars and syrups, processed foods, trans and sat fats), immobility (stand up frequently and walk as much as possible) and surgery (that's why you wear calf massagers post-op).

The most obvious symptoms of DVT are swelling and reddish-purple discoloration in a lower extremity. If a clot is suspected, screening can be done using ultrasound, venography and MRI. If a doctor finds a DVT, treatment is typically anticoagulation therapy. And great news: All 33 miners survived.

HOW OVERWEIGHT DADS MAKE **OVERWEIGHT KIDS**

In 2014-15, "Hangover" star Zach Galifianakis shed 50-60 pounds to star in "Birdman," and social media lit up with negative buzz: "The jolly fat man lost his jolly," was one retweeted sentiment. But he's on the right track -- for his own health and happiness, and that of any kids he may have.

Turns out it isn't just overweight moms who put their children at risk for health problems. Fat dads' sperm carry messages that signal their offspring to pack on pounds, too. Seems Dad's extra fat triggers epigenetic switches in his RNA and DNA that control brain development, function and appetite! Those epigenetic changes are passed down through sperm to your offspring.

But dads and future dads, there's good news! You don't have to pass along the health debits that come from being overweight (sexual dysfunction, heart disease, dementia, diabetes). According to a recent study in Cell Metabolism, losing weight through bariatric surgery flips those gene switches back to healthyweight messages. (Losing weight through upgraded lifestyle habits works too, and everyone should adopt them!)

So if you're thinking about becoming a dad, cut out processed foods, foods with added sugars and syrups, all trans and most sat fats and any grain that isn't 100 percent whole; get a pedometer and head for 10,000 steps a day; sleep 7-8 hours nightly; de-stress with daily mindful meditation. And if you're addicted to illicit drugs, tobacco or alcohol, which affect sperm quality too, get help and celebrate your recovery. Now, eat fruitfully and multiply.

OVERCOMING SOCIAL JET LAG If your weekend mantra is "party hearty," but on weekdays you're strictly nine-to-five, you're a candidate for Social Jet Lag. And that doesn't mean you're one step behind on your Facebook posts or retweets.

Social Jet Lag happens when there's a habitual discrepancy between your workweek sleep cycle and your weekend habit of going to bed later and sleeping in. Whether you're a morning or a night person, that combo disrupts your internal body clock (circadian rhythm) and throws your hormones out of whack, creating a metabolic mess that ups your risk for a cascade of health issues.

Looking at folks ages 30-54, researchers found that even weekenders with just a little shift in sleep-awake times had lower levels of good HDL cholesterol, higher levels of triglycerides, were more often insulin-resistant and obese! And the German researcher who coined the term Social Jet Lag in 2006 found that only 10 percent of people without SJL smoked, but 60 percent of folks with a four-hour shift from their natural circadian rhythm did.

So if you're struggling to lower your LDL cholesterol, control your blood pressure, quit smoking or lose weight, ask yourself if SJL could be making it harder. Try to keep your weekend bedtime within 30-45 minutes of your weeknight schedule. Make sure you get 7-8 hours of sleep every night. It'll be worth it. You'll have more energy on both weekdays and weekends and live a longer, healthier life.

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Distributed by King Features Syndi-

From gratitude to "The Secret"

By Deb Hagen-Foley

Last month, on Thanksgiving Day, you may have reflected on all that you have to be thankful for in your life. Perhaps you have also tried the gratitude exercise I suggested. If you have continued this daily exercise, your perspective on life is likely more positive than it was a month ago.

The expression of gratitude has been found, through positive psychology, to increase optimism, empathy and energy. If you are having a difficult day in the future, rereading your gratitudes will remind you of all the positives in your life. Compose five sentences starting with, "Today I am grateful for . . . ' Five a day, every day. Write them down. Review them regularly. Over time, you will find that your focus changes to a more positive and appreciative approach.

When we are having difficulties, we have a tendency to focus on those problems and our energy is negative. We perceive the events around us as negative and it becomes a negative spiral, one bad thing after another. By focusing on the problems, our life becomes all about problems. What if we shift our thinking away from the problem, to a more positive perspective?

What if you could get whatever you desire, achieve all your dreams, by changing how you think? According to "The Secret," you can! "The Secret," a book by Rhonda Byrne that became a movie in 2006, was not new. It is based on The Law of Attraction. Think and "Grow Rich," by Napolean Hill, was published in 1937. That book and The Secret are based on quantum

Quantum physics is about energy. Each of us projects energy or vibrations, through our thoughts and emotions. According to "The Secret,"that energy is the source of who we are, our sense of wellbeing, and what we attract in our lives. "Like attracts like." If your thinking is negative, you will attract negative events. If your thinking is positive, if you anticipate that positive things are going to happen for you, your vibrations will be positive and you will attract positive

More than just positive thinking, "The Secret" starts with the thought, but it doesn't end there. If our thoughts are consumed with problems, how can our mind produce a solution? If, instead, we shift our attention to focus on the solution, through our thoughts, a solution can present itself. Next, of course, we need to act on the solution and our situation can change for the better.

How we think about our situation is of greatest importance, according to the theory. If we need money, and are constantly thinking about our lack of funds, it isn't possible to attract money. Instead, by thinking about the desire for a life of abundance, that shift in thinking will draw money into our lives, by generating ideas and taking actions to improve our financial status.



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News

Christmas movie magic

By Jim Akans

The sights and sounds of Christmas are part of what makes the holiday season special. From classic holiday tunes on your favorite radio station, familiar jingles wafting through the air at retail shops, to timeless stories captured on film filling cable and television stations across the remote...it's impossible to miss the message that Christmas is near at hand.

After more than half a Century, a selection of Christmas films from the mid-twentieth century continue to capture the magic of the holidays in elegant black & white format. Well-written, wonderfully cast, beautifully filmed (yes, they do look good in HD), and each offering an enduring message of life, love and hope. These are film treasures that deserve to be re-visited...and introduced to a new generation of viewers.

In case you missed them the first, second, or thirtieth time around, check your on-line television guide or consider picking up a copy of some of the following holiday classics:

- The Shop Around the Corner (1940) - A bustling shop prepares for Christmas and co-workers, played by James Stewart and Margaret Sullivan, who seem to dislike each other, are unknowingly flirting via anonymous letters. Great fun that later inspired In the Good Old Summertime and You've Got Mail.

- The Bishop's Wife (1947) - Cary Grant, Loretta Young and David



Much like the spirit of the holidays, a good movie can pull us into an alternative place, where life's complications seem to melt away. FILE PHOTO

Niven team up in this memorable tale about one of the most unlikely "love triangles;" a bishop, his wife and a guardian angel. Grant charms, Niven befuddles, and Young glows. Life lessons are learned among the laughter. Winner of five Academy Awards. - Holiday Inn (1942) - How could a holiday movie (and this one stops at all the holidays on the calendar) become anything but a classic when it stars Bing Crosby, Fred Astaire and has a soundtrack composed by Irving Berlin? Not so much about plot, just great fun and a superb holiday musical, including the debut of Bing's "White Christmas."

- White Christmas (1954) - Irving Berlin's classic holiday song surfaces again and became the title of this story of a highly successful song-and-dance team (Bing Crosby and Danny Kaye) who romance a singing sister act (Rosemary Clooney and Vera-Ellen) and bring a full scale stage show to a struggling Vermont Inn owned by a much loved former WWII commanding general. The final scene still grabs at the heartstrings.

- Scrooge (1951) - The Charles Dickens literary classic has been adapted to film many, many times, but Alastair Sim's portrayal of the indomitable Scrooge in this version is an all-out classic performance. He is just so darn mean and miserly, and seems so genuinely transformed by the end of the movie...even Santa would love him.

- Christmas in Connecticut (1942) While this may be the leastknown titles on this short list of classics, don't miss the opportunity to rent, buy or push "select" should this show up on the channel guide. Barbara Stanwyck stars as an unmarried New York food writer, desperately trying to fabricate the Connecticut family farm life she has professed to her readers. It is part "screwball comedy," part love story, and all holiday mayhem.

- Miracle on 34th Street (1947) - A film responsible for making true believers in Santa Clause for over sixty-five years. Edmund Gwenn may actually be Santa for all I know; he certainly looks and acts the part. When all those letters pour into the courtroom...and his cane shows up in that charming Cape Cod home...I still believe. - It's a Wonderful Life (1946) Surprisingly, this holiday favorite didn't get off to a very good start. It is based on a story, "The Greatest Gift," by Philip Van Doren

Stern who couldn't get published

after writing it in 1939. Director

Frank Capra thought it had great potential and made this film starring James Stewart and Donna Reed in the lead roles, with Lionel Barrymore as despicable banker Henry Potter, but it flopped at the box office. Over the years it has gained a well-deserved reputation as the most beloved celluloid incarnations of the Christmas spirit, a celebration of the triumph of family, friends, goodness and love.

All that holiday fun doesn't just take place in black & white; several more recent films have also earned the distinction of "mustsee" Christmas tales. A few suggestions, in glorious full color,

- A Christmas Story (1983) -Hard to resist smiling all the way through this look at a family Christmas during the 1940's. The tale is told through the eyes of young "Ralphie," whose gift wish is a Red Ryder B.B. gun though his parents warn he will "shoot his eye out" much to his dismay. Stars Peter Billingsley, Darren McGavin and Melinda Dillon.

- Scrooged (1988) - The crusty old miser as only Bill Murray could portray. Classic tale set in a more current setting, spiced with humor and retaining the timeless moral; love for family, friends and yourself offers more value than all the money one can attempt to hold. Also stars Karen Allen and John Forsythe.

- Elf (2003) – Yes it is silly, inane and a bit sappy, but somehow this crazy tale about a human raised by elves at the North Pole who embarks on a trip to New York to meet his natural father pokes at

the funny bone and tugs at the heart. Star-studded cast includes Will Ferrell, James Caan, Bob Newhart, Ed Asner, Mary Steenburgen and Zooey Deschanel.

December 23, 2015

- National Lampoon's Christmas Vacation (1989) - The Griswold family host a Christmas gathering at their home that is over the top satirical yet manages to capture a glimpse of the holidays nearly anyone can relate to when the nuclear family meets extended family during the holidays. Stars Chevy Chase, Beverly D'Angelo, Randy Quaid and a long list of memorable charac-

- How the Grinch Stole Christmas (2000) – The original Dr. Seuss animated television show continues to be a holiday favorite for young and old alike. Ron Howard's big screen version, starring Jim Carrey as the Grinch, retained the spirit of that 1966 classic and took it to a new, hilarious level. The Grinch is miserly as Scrooge, mean as the Winter Warlock, yet wears his heart on his sleeve. All is well by the end and somehow its easy to root for this lovable green, misunderstood creature throughout to wake up and change his ways.

Movies are a perfect fit for the Christmas season. Much like the spirit of the holidays, a good movie can pull us into an alternative place, where life's complications seem to melt away. So grab some eggnog, a bowl of walnuts for cracking, and get ready for some flat screen TV magic from the comfort of home.

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CHARLEVOIX COUNTY COMMISSION ON AGING

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Region 10 MMAP Team Saves \$1.4 Million for Medicare Beneficiaries

Counselors with the Michigan Medicare/Medicaid Assistance Program (MMAP) helped thousands of Medicare beneficiaries find different Part D drug plans for 2016 during the enrollment period that ended on December 7th. The 45 MMAP team members located throughout the 10 county region in northwest Lower Michigan saved folks over \$1.4 million for the upcoming year.

"There are 25 Part D prescription drug plans available in our area", stated Jim Verville, Regional Coor-dinator for MMAP. Our counselors typically start out by requesting a list of prescriptions and other pertinent information from their clients. Then a review of all of the Part D drug plans is made on the Medicare plan finder located at medicare.gov. This tool is invaluable because once the medications are entered, it will sort through all 25 plans and list them in order of annual cost. MMAP counselors then present the best 2 or 3 options to the client

and they decide if they want to switch. Once a deci-sion is made, the counselor can also complete the enrollment for the new plan. The plan finder sim-plifies the entire decision process, making it easier for the beneficiary to make best choice for the up-coming year.

The same process is used to review Medicare Advantage plans. Most of these plans provide both health care benefits and drug coverage. Advantage plans vary in each county. There are 14 or more of these plans to choose from depending on location.

There have been a few significant changes among the Part D plans for next year. For example, some of the plans are dropping expensive diabetic insulin products and other high cost brand name drugs from their formulary. This can result in the beneficiary paying for the full cost of those drugs. Verville suggests that Medicare beneficiaries have their Part D drug plan reviewed every fall during the open enrollment period to

avoid problems and possibly save money for the following year.

MMAP completed a very successful enrollment season. Vervill said his MMAP team members put smiles on the faces of many of their clients because of the amount of savings that they were able to find for them. He praised his MMAP counselors for their dedication and commitment to serving beneficiaries throughout the region. "Everyone stepped up and went the extra mile to fulfill all of the requests that we received", he said.

Medicare beneficiaries can receive personalized assistance in many areas involving Medicare and sen-ior Medicaid benefits by contacting a local certified MMAP counselor. Simply call 800-803-7174 and leave a message.

By: Jim Verville, Region 10 Coordinator Michigan Medicare/Medicaid Assistance Program. Area Agency on Aging, Traverse City, Michigan

BOYNE AREA SENIOR CENTER ACTIVITIES

Thursday, December 24 HAPPY HOLIDAY

Friday, December 25 HAPPY HOLIDAY!

Monday, December 28 Pretty-Bag Bingo Gift Certificate Prize Line Dancing Rummikub

Tuesday, December 29 Pretty-Bag Bingo Free Lunch Prize

Wednesday, December 30 Various Card Games

Thursday, December 31 10am "Basic" Spanish 11am Arthritis Exercise Wii Bowling

CHARLEVOIX SENIOR CENTER ACTIVITIES

Thursday, December 24 HAPPY HOLIDAY

Friday, December 25 HAPPY HOLIDAY!

Monday, December 28 1pm Bridge 1pm Woodcarving 7pm Bible Study

Tuesday, December 29 nesday, December 30 Turtle Creek Casino 12:45pm Bingo Trip11am Chair Yoga Class 1pm Mahjong 1pm Paint Class

Thursday, December 31 11am Chair Yoga Class 11:30 Adolph Cwik Music 1pm Wii Bowling Practice 1pm Mahjono

EAST JORDAN SENIOR CENTER ACTIVITIES

Thursday, December 24 HAPPY HOLIDAY!

Friday, December 25 CLOSED. HAPPY HOLIDAY!

Monday, December 28 8am-1pm Walking M-F 11am Music

Tuesday, December 29 10:30am Line Dancing 12:30pm Bingo

Wednesday, December 30 10:30am Wii Bowling GAME DAY!

Thursday, December 31KARAOKE DAY! 1pm Paint Class

CHARLEVOIX COUNTY SENIOR CENTER MENU

Thursday, December 24 CLOSED. HAPPY HOLIDAY!

Friday, December 25 CLOSED. HAPPY HOLIDAY!

Monday, December 28 | Tuesday, December 29 BREAKFAST

SPANISH RICE

Wednesday, December 30 SALISBURY STEAK

Thursday, December 31 CHICKEN LASAGNA

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Holly Daze has recordbreaking year of community support

Friday, December 11, brought over 340 community members to Castle Farms to celebrate a wonderful year of support for Munson Healthcare Charlevoix Hospital. The area has embraced the hospital foundation's signature Holly Daze event as an annual tradition kicking off the holiday season.

This year proceeds totaling over 3185,000 are being directed to the upcoming expansion and renovation of the hospital's surgical suite and laboratory, and topped last year's record by an unprecedented 30%. Gifts of Love, an "auction item" where people's gifts or "bids" go directly to the cause, in this case toward outfitting the new surgical patient rooms, doubled from the prior year and totaled over \$65,000.

Foundation Board Chair, Mary H. Faculak, said, "While we have been fortunate to have strong community support for many years, this year's event broke records at all levels. With a large capital project on the horizon, people understand that the need is even greater this year, and the generosity in the room last Friday night reflected that."

The Foundation also used the night to announce the beginning of the public phase of their FOR-WARD Campaign, which will raise funds for a new operating room, renovations to the surgical suite, and an expanded laboratory. To date, donors have pledged over \$2.4 million to this and the other capital projects at Munson Healthcare Charlevoix Hospital, which also included the new Infusion Center and Boyne Area Medical Center expansion that were completed earlier this year. The goal is to bring that total to

\$3.4 million in the coming months. Hospital CEO, Lyn Jenks, said, "This project is really a three-way partnership between the hospital, our new partner Munson Healthcare, and our loyal community donors. As we approach our 100 year anniversary as a community hospital, we know this project is a critical investment toward ensuring our position as a strong local health care provider for the next 100 years."

The Foundation and its many volunteers are in the planning stages for a number of events over the course of the next year to raise money toward the additional \$1 million goal. Community members are encouraged to participate and can make a gift at any time by contacting the Foundation. There is the option to make one time gifts or a pledge completed over several years.